Chester, PA — Congressman Joe Sestak (PA-07) spoke to senior women parishioners at St. Katharine Drexel Church on Saturday evening in honor their service to the church and community.

"I have been speaking throughout the Seventh District and the area this weekend in honor of Memorial Day and everywhere I turn I am reminded of the sacrifices made by the members of our "Greatest Generation," said Congressman Sestak. "Many of you saw your husbands, fiancés, fathers, brothers, and sons off to wars in Southeast Asia, Europe, Korea, Vietnam. As we celebrate Memorial Day, it is so timely too to acknowledge that the strength of character you showed in times of war you show everyday in raising your families, supporting your church, and contributing to your community."

Congressman Sestak discussed some of the challenges facing our seniors, from healthcare to rising energy prices.

"You are the pillars of your families and of this community," said Congressman Sestak. "It is my honor to work in Washington to ensure that the needs of the Greatest Generation are addressed."

Congressman Sestak is strongly supportive in Congress of programs to aid seniors. He cosponsored and voted for allowing Medicare to negotiate drug prices. Congressman Sestak supported waiving the cap on reverse mortgages, allowing seniors greater financial security. He also is a cosponsor of the Elder Justice Act, a piece of legislation that would create the Elder Justice Coordinating Council to make recommendations on elder neglect, provide organizations and states with ombudsmen to address abuse and neglect in nursing homes, and provide older Americans with the same protections as victims of domestic abuse.

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "DeepBlue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking

former military officer ever to serve in the U.S. House of Representatives.

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